

BlissDance
EMBODY YOUR DESIRE

The Liquid Body of Desire

*A Greek BlissDance Retreat Designed for Delicious Living
Nostimo!
17 - 24 September 2025*

Are you tired of feeling tired? Can life sometimes feel heavy, dull and challenging? Do you long to slow down, expand and drop into a juicy savouring of each precious moment?

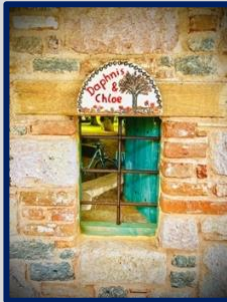
*Ofentimes our cultural and spiritual conditioning leads us to believe our growth and transformation can only happen through suffering.
No pain, no gain!*

However, I believe we are designed with a built-in pleasure purpose, and that we can deepen and grow more easily in environments of compassion, care and safety; combined with qualities of sacredness, spaciousness, playfulness, pure pleasure, and curiosity.

Interestingly, the root meaning of 'delusion' is 'without a sense of play.'

So as the great Indian sage, Osho, said, 'Be Zorba the Buddha!'

With this central to my heart, I'm inviting you to a 7-night/8-day lush retreat held in the warm embrace of the Vloumidi family's *Villa Daphnis & Chloe*, on the stunning Greek island of Lesbos. Here, in this exquisite sanctuary, we will sweat our prayers, dance our desires, and discover our intrinsic pleasure purpose.



There will be plenty of time for rest and relaxation and swimming in the azure Aegean Sea; for learning to cook delicious, authentic Greek food; as well as for visiting an unspoilt traditional Greek village, to enjoy dinner with the locals.



You may also want to extend your stay at the fabulous Vloumidi family-owned hotel - Hotel Votsala - afterwards. Afterall, more is more!



What is the intention and focus of the Retreat?

The intention of the Liquid Body of Desire is to de-condition our unconscious tendency to value 'doing' over 'being,' and busy-ness over leisure, leading to stress and dis-ease in the long term. We will consciously embody relaxation and expansion practices to get out of our monkey minds, slow right down, and align with the ever-present now. We will spend time deeply enquiring, 'What do I really, really, really want for myself, my family, my community and my life?' The invitation is to begin to embody our desire and follow our bliss.

Who is this Retreat for?

For Pleasure Pilgrims:

- ♥ Ready to drop the unnecessary, heavy energetic luggage we tend to carry unconsciously
- ♥ Who love life, and want to max out on being alive in a beautiful, breathing body
- ♥ Who feel they deserve to treat themselves because they're worth it!
- ♥ Who love the medicine of exquisitely curated music, movement and meditation



Do you need any previous conscious dance experience?

No prior conscious dance experience is required, but previous spiritual inner work is an advantage.

What is the investment in myself?

The all-inclusive investment in yourself is \$1,325.00

- ♥ This intimate retreat is limited to 14 Pleasure Pilgrims
- ♥ A 50% deposit secures your place (non-refundable after 30 June 2025)
- ♥ The balance payable by 31 July 2025 (non-refundable from this point onwards) to kaliwidd@gmail.com on PayPal (please pay in US Dollars via Family & Friends in order to avoid paying higher banking fees)

What's included?

- ♥ Seven nights & eight days of yummy, healthy breakfasts, lunches and dinners (meat, vegetarian and vegan options)
- ♥ Seven nights & eight days in delightful, shared ensuite rooms (\$300 premium for a single supplement room)
- ♥ All facilitated meditations, dances, embodied practices and satsangs
- ♥ An expert, guided excursion to a traditional Greek village, and dinner with the locals
- ♥ A fun, group Greek cooking lesson with Daphne, the matriarch of the Vloumadi family, whose speciality is crazy cooking up kindness!



What's excluded?

- ♥ Transport to get to Mytilene port / airport on the island of Lesvos
- ♥ Taxi or bus to Villa Daphne & Chloe in the village of Thermis (we may be able to arrange group transport with the retreat owners should several participants arrive on the same flight or ferry)

How to get there?

- ♥ There are **numerous daily flights** from Athens and some from Thessaloniki. Both cities are well-connected, making it simple to reach Lesvos from almost anywhere
- ♥ There are also **direct flights** from England (Stanstead Airport on Jet2), Norway, Netherlands, Belgium
- ♥ **Daily ferries** from Athens (usually overnight)
- ♥ Check for buses to Thermis from Mytilene Airport, or Mytilene Port, or the Taxi Rank in the town



A bit about your host and facilitator, Dakini Kali Satyagraha

Kali is a highly experienced and respected Dakini (a woman whose sexuality is embodied and awake) in the Totality Tantra Tradition. She incorporates the non-dual practices of guided meditation, BlissDance, breathwork, loving touch, somatic enactments, intuitive channelling, ancestral reverence, and when required, plant medicine, in her work. She's a qualified BlissDance Teacher & Cuddle Party Facilitator, and she passionately promotes being in right relations with Self, one another, and all our relations as the greatest revolution we can embody for the flowering of universal peace and harmony on the planet today. She's fully committed to birthing the New Earth. Kali says, "Whilst acknowledging a huge debt of gratitude to my teachers, everything I transmit originates from my own direct, embodied experience: if I haven't lived it myself, I don't teach it. My retreats are more transmissions, and less teachings. I like to believe I'm raw, real, unpretentious, earthy, authentic and grounded in my approach, especially when penetrating the veils and mysteries of our cosmic reality. I move from an innate, intuitive, visceral, sensed feminine wisdom, supported by strong masculine consciousness. Whilst holding immaculate space, I'm not afraid to share my own vulnerable feelings and experiences. Everything and everyone is welcome – with discernment and healthy boundaries in place, which I encourage and develop. I acknowledge the necessary balancing of relative truth (our own lived experiences) and absolute truth (universal, timeless truth); of the mature masculine and feminine principles; and of the light, the dark and the shadow. Truth is my north star and Totality my orientation."



To find out more, click on the following links

[Villa Daphnis & Chloe](#)

[Hotel Votsala](#)

[Lesvos Island](#)

[Dakini Kali](#)

[Testimonials](#)

[BlissDance as a spiritual, embodied practice](#)

[Book an obligation-free discovery call with Dakini Kali](#)

NB: The Liquid Body of Desire is not a BlissDance Practitioner or Facilitator Training Retreat, and does not constitute part of the BlissDance Foundation Training Curriculum, although all BlissDance students ~ past & present ~ are most welcome to attend